



## FOUR STAGE SUCCESS MODEL REVEALED

### DEFINE THE ACTIVITIES FOR WELL FORMED OUTCOMES

What's stopping you from getting what you want? imagine for a moment what life would be like if you could remove the barriers to the life that you've dreamed about. If these roadblocks were removed, what would it mean to you and the people that you love? Perhaps it's time to Recalibrate to a new life.

Goal setting is a powerful way to bring a declared intention for growth into reality. It transforms a wish into a technique that provides direction for action -taking. Goal setting focuses your attention on what you want to achieve and helps you to organize your time and your resources. Below you will find the framework of how you will achieve a well-formed outcome. When considering a declared intention for growth use critical thinking skills and the Four Stage Success Model.

**1 - Decide what you want** (set your declared intention for growth), and not what someone else wants. Then state it in positive terms. Make sure that you express it in sensory terms.

**2- Take immediate action to achieve your goal.** It is critical that once you have declared an intention for growth that you start the process IMMEDIATELY. The instantaneous follow -through will be what starts the momentum. Do something that will move the ball forward. Have the courage to create the shift by taking massive action and become decisive and strong and move towards your declared intention for growth.

**3- Notice what happens and evaluate your progress.** When you know your purpose, the vision becomes crystal clear. Evaluate and measure the effectiveness of the incremental goals and refine them as needed.

**4- Change what you do until you get your desired outcome.** Don't get attached to a particular activity, remain fluid in your process. Measure the effectiveness of the incremental goals and refine them as needed. Measure the process with these six steps.

(a) **Outcomes.** What are the possible outcomes when you achieve this goal? Will it bring you closer to your vision or take you further away?

(b) **Options.** What are all of your options? Could you do something a little differently to get the outcome?

(c) **Consequences.** What is the upside and the downside in achieving the goals?

(d) **Evaluate.** Measure the probably of the upsides and the downsides.

(e) **Mitigate.** Know the downsides to accomplishing the goal and minimize them.

(f) **Resolve.** Determine what you need to do to make it happen, then do it!

